

	<b>List of items in addiction according DSM-5</b>	<b>Yes</b>	<b>No</b>
<b>1</b>	Had times when you take substance more, or longer, than you intended?		
<b>2</b>	More than once wanted to cut down or stop the substance or tried to, but couldn't?		
<b>3</b>	Spent a lot of time to take the substance? Or being sick or getting over other after effects?		
<b>4</b>	Wanted the substance so badly you couldn't think of anything else (craving)?		
<b>5</b>	Found that the take of the substance -or being sick from the substance- often interfered with taking care of your home or family? Or caused job troubles? Or school problems?		
<b>6</b>	Continued to take the substance even though it was causing trouble with your family or friends?		
<b>7</b>	Given up or cut back on activities that were important or interesting to you, or gave you pleasure, in order to take the substance?		
<b>8</b>	More than once gotten into situations while or after taking the substance that increased your chances of getting hurt (such as driving, swimming, using machinery, walking in a dangerous area, or having unsafe sex)?		
<b>9</b>	Continued to take the substance even though it was making you feel depressed or anxious or adding to another health problem? Or after having had a memory blackout		
<b>10</b>	Had to take the substance much more than you once did to get the effect you want? Or found that your usual number of drinks had much less effect than before		
<b>11</b>	Found that when the effects of the substance were wearing off, you had withdrawal symptoms, such as trouble sleeping, shakiness, restlessness, nausea, sweating, a racing heart, or a seizure? Or sensed things that were not there?		
<p><b>The presence of at least 2 of these symptoms indicates an Addiction.</b>  <b>The severity of the addiction is defined as:</b>  <b>Mild: The presence of 2 to 3 symptoms</b>  <b>Moderate: The presence of 4 to 5 symptoms</b>  <b>Severe: The presence of 6 or more symptoms</b></p>			